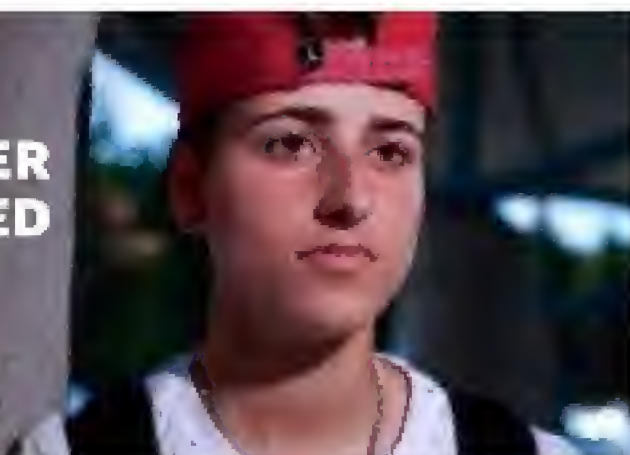


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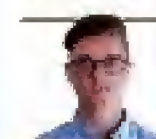
# Bridging the (bike) gap



A cyclist makes his way across the Disraeli bridge in Winnipeg on Thursday. LYLE STAFFORD/FOR METRO

**KILDONAN DRIVE**

## Cyclists seeking new Red River crossing



**Braeden  
Jones**  
Metro | Winnipeg

Winnipeg, the River City, already has dozens of waterway spanning bridges — but bike advocates feel it could use another.

Where the Red River dissects the bustling Seven Oaks and Kildonan Drive neighbourhoods, Bike Winnipeg director Mark Cohoe notes there's a nearly five-kilometre gap "where there isn't any crossing."

It's fine for motorists to get up to the Settlers bridge, but for cyclists, "it creates quite the detour."

"It's quite the discouragement to people," Cohoe said. "We want to make sure we're not forcing people too far out of the way to cross (the river). We need to be taking care of all users, not just drivers."

The City of Winnipeg's own Pedestrian and Cycling Strategy calls for a denser, more connected bicycle network and direct routes between destinations.

It also calls for a river crossing between the two neighbourhoods Cohoe agrees need one so desperately.

He believes an active transportation bridge for pedestrians and cyclists at Scotia Street on the West bank and Kildonan Drive on the East could fit the bill.

Bike Winnipeg will go to bat for the plan in city hall, but not before holding public forums to gather feedback and ensure the intended users agree it could work.

"We're hoping to hear what kind of use people would get out of this, what other destinations it would open up to them," Cohoe said, noting it could benefit people travelling between Munroe West and Scotia Heights communities as well.

"It is something that might encourage (people who don't bike) to bike downtown to work, to the Forks, maybe to get out onto the greenway ... even the connection to Birds Hill Park."

If done right, it could also provide safer passage between areas already somewhat connected by less "bike friendly" bridges, such as the Harry Lazeranko Bridge.

Based on an estimate from a similar project planned for the University of Manitoba and St. Vital neighbourhoods in October 2013, Cohoe thinks the cost of the bridge he's pondering could be roughly \$15 million.

People will be able to have their say at drop-in public consultations on Sept. 24 between 10 a.m. and 2 p.m. at 720 Henderson Hwy., and Sept. 27 from 4-8 p.m. at 160 Smithfield Ave.

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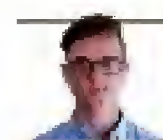




## Community rising from ashes

### TOURISM

#### Tour guides you through old, diverse West Broadway



**Braeden Jones**  
Metro | Winnipeg

A walking tour named after a flaming mythical bird born in ashes would have to take place in a neighbourhood with quite the story.

Robert Shaw, a longtime West Broadway resident, will guide what's billed as a "two-hour, Phoenix Rising" walking tour around his 'hood because he feels the area he'll plod about has just such a saga.

"I'll probably make it three hours," Shaw joked while talking about the story, which — spoiler alert — culminates with his conclusion that West Broadway today is one of the most interesting and diverse old neighbourhoods in Winnipeg.

"It's got a wide range of people, it's often viewed as a place struggling with poverty and social issues (but) in terms of education levels and in terms of employment it mirrors the rest of the city," he said. "There are some misconceptions about the neighbourhood that it's only folks struggling."

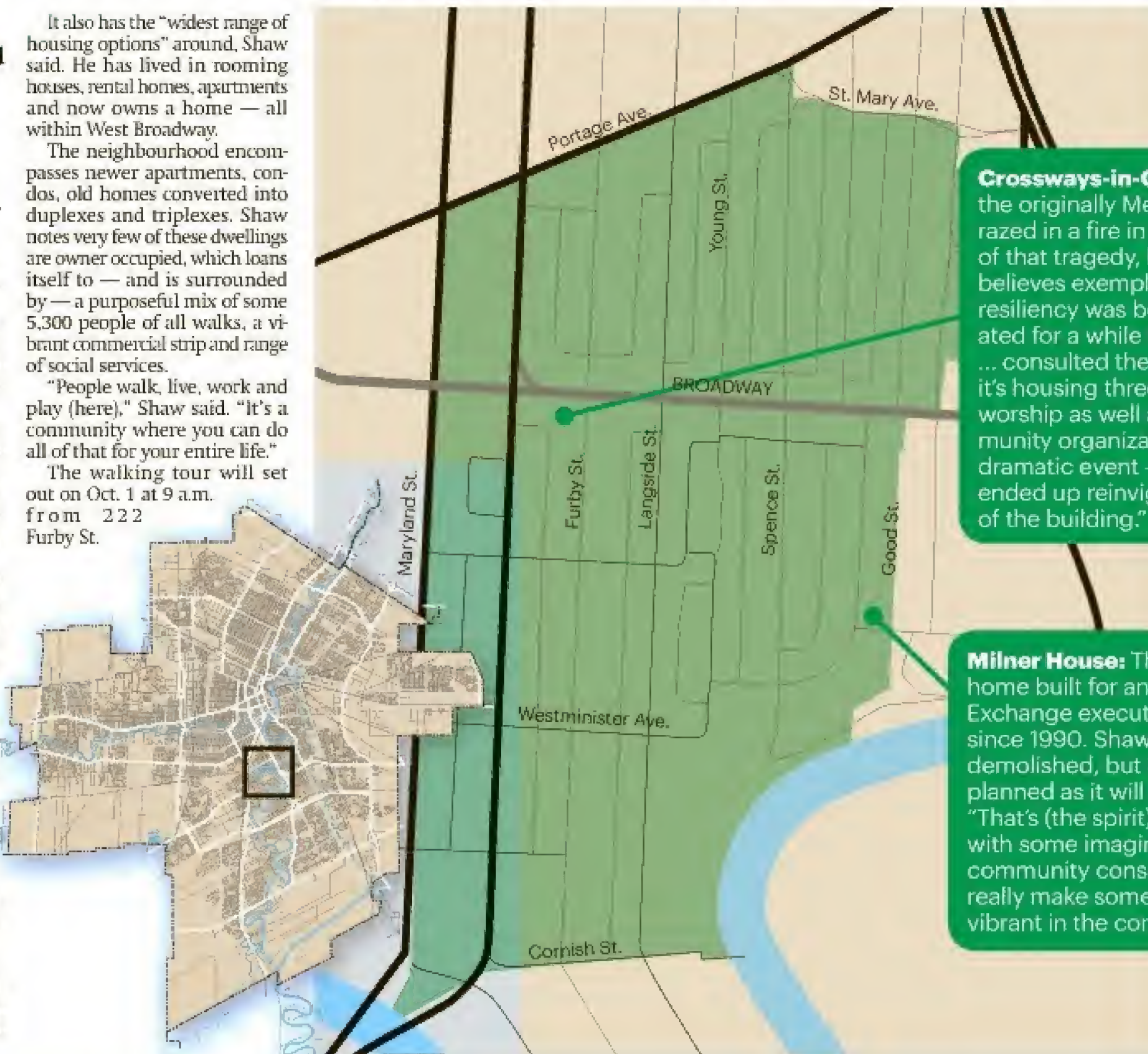
"There's an element of that, but what makes it unique is that it's people from newcomers to people who have lived there 40 years plus."

It also has the "widest range of housing options" around, Shaw said. He has lived in rooming houses, rental homes, apartments and now owns a home — all within West Broadway.

The neighbourhood encompasses newer apartments, condos, old homes converted into duplexes and triplexes. Shaw notes very few of these dwellings are owner occupied, which loans itself to — and is surrounded by — a purposeful mix of some 5,300 people of all walks, a vibrant commercial strip and range of social services.

"People walk, live, work and play (here)," Shaw said. "It's a community where you can do all of that for your entire life."

The walking tour will set out on Oct. 1 at 9 a.m. from 222 Furby St.



**Crossways-in-Common:** Built in 1911, the originally Methodist church was razed in a fire in 1987. From the ashes of that tragedy, however, a place Shaw believes exemplifies West Broadway's resiliency was born. "They deliberated for a while if they should rebuild ... consulted the community ... now it's housing three different places of worship as well as a bunch of community organizations," Shaw said. "This dramatic event — a fire for example — ended up reinvigorating the purpose of the building."

**Milner House:** The 1909 historic home built for an early Winnipeg Grain Exchange executive has been vacant since 1990. Shaw said it was nearly demolished, but has a new lease on life planned as it will become a daycare. "That's (the spirit) here I want to share: with some imagination and often with community consultation, you can really make something old new and vibrant in the community."

GRAPHIC: ANDRES PLANA/METRO



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# 5 THINGS TO DO ACROSS THE CITY THIS WEEKEND

It's the first official weekend of fall, but Winnipeggers should still feel the summer buzz with all the festivals and block parties happening this weekend. Here's a rundown of the big events happening over the next few days throughout Winnipeg. **STEPHANIE TAYLOR METRO**



## 1 Selkirk Avenue Street Festival

Selkirk between MacGregor and Salter Avenue will be closed for a street party on Saturday. From 11 a.m. to 6 p.m., visitors can check out local music, vendors and artists. The North End Community Renewal Corporation is hosting the event, which aims to promote businesses in the area.

## 2 Winnipeg Irish Festival

Celebrate all things Irish at the annual Winnipeg Irish Festival happening Friday to Sunday.

The three-day event features numerous workshops all day Saturday and Sunday where participants can learn to play traditional instruments or dance in traditional Irish steps. There's also a gala concert Saturday night and a ceilidh — musical gathering — Sunday afternoon.

The festival kicks off at Shannon's Pub on Friday at 7:30 p.m.

The festival is happening at venues across the city. A weekend pass costs \$55, while entrance to individual workshops are \$10 at the door.



## 3 Wall-to-Wall at Little Sister

The month-long arts festival continues with a live painting show on the patio of Little Sister Coffee Maker Saturday afternoon. Local artistic trio Hannah Doucet, Toby Gillies and Natalie Baird will paint throughout the day, while local vinyl The Jom Jom Club plays records. The event happens from 11 a.m. to 4 p.m.



## 4 SpaceLand2

It's called an urban transformation popup party on Portage Avenue. This is the event's second iteration since it was first launched back in June. Basically musicians, comedians and performers — oh, and don't forget food trucks — take over an empty lot at 400 Portage Ave. across from Portage Place Mall. The party happens on Saturday from 4 p.m. to 2 a.m.

Music includes shows by Attica Riots, Mama Cutsworth and SMRT. Tickets are \$20 in advance or \$25 at the entrance.

## 5 Femfest

There's still time left to take in a performance or two at Femfest, the annual showcase of talent from female theatre artists across Canada. The week-long event kicked off last Saturday and concludes this upcoming one.

The festival features the work of female playwrights, designers and is performed by female actresses.

A show costs \$15, and a three-show pass is \$30.

Shows will take place at the Asper Centre for Theatre and Film (The University of Winnipeg, 400 Colony St.).



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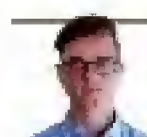


**Chef Randall Khounnoraj** is among Winnipeg's eight chefs competing in the Gold Medal Plates competition next month. CONTRIBUTED

# Top food stars seek gastro glory

COOKING

**Chefs have work cut out for them at kitchen contest**



**Braeden Jones**  
Metro | Winnipeg

Even for the best chefs in the city, competing in the Gold Medal Plates contest is a tall order.

But for more than a decade, Winnipeg's top culinary talents have taken the heat. The eight finalists who will be in the kitchen for the 2016 edition were named on Thursday.

Jesse Friesen, Eraj Jayawickreme, Randall Khounnoraj, Kyle Lew, Melissa Makarenko, Fabrizio Rossi, Barry Saunders and Chris Tang will be serving a sold-



**Chef Melissa Makarenko**

out crowd and attempting to win over judges on Nov. 9 at the RBC Convention Centre.

Spokesperson Nicole Jensen characterizes the contest as "crazy difficult" for the finalists.

Each will have to prepare an appetizer-sized taster dish for approximately 550 guests, select a Canadian wine or beverage to pair it with, and present their creation formally to judges.

While the full banquet hall of guests needs to enjoy the dish without explanation, the judges

want layered flavours and every other aspect explained.

Chefs will be judged on a 100-point scale based on visual presentation, texture, taste, wine compatibility, originality and wow factor (10 per cent).

But Jensen said that, after experiencing past years, it really comes down to "what's put on that plate."

Sometimes, she said, "boldness" earns attention; other times, simplicity executed beautifully.

"It seems to be a balance of everything (that does well)," she said.

The gold, silver and bronze winners in Winnipeg will subsequently continue on to the Canadian Culinary Championships, which will take place in Kelowna from Feb. 3-4, 2017.

The last time a Winnipeg chef won at the national competition was in 2006, when Makoto Ono brought home the gold.

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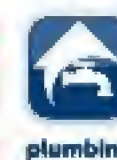
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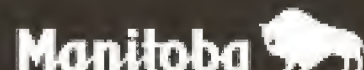
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# Province pays to pretty up city

## GRANTS

### More than 20 storefronts to be restored downtown



**Stephanie Taylor**  
Metro | Winnipeg

The province wants to help beautify downtown Winnipeg.

On Thursday, Winnipeg's downtown development agency announced it's extending two grants programs to help more local entrepreneurs set up shop in the city's core.

CentreVenture CEO Angela Mathieson said both the PUSH and Face Forward programs, which have been in place for several years as pilot, will be made permanent thanks to new funding from the provincial government.

She and Indigenous and Municipal Relations Minister Eileen Clarke made the announcement Thursday.

Through PUSH, entrepreneurs looking for a downtown location are matched to business owners of vacant storefront properties and then provided administrative help getting their shops off the ground.

The program also gives them access to subsidies for the first three months.

The second program, Face Forward, helps businesses breathe new life into their storefronts.

Property owners are given



**The future of our ground-floor spaces are about independent, local Manitoba retailers.**

Angela Mathieson

up to \$50,000 to improve the look and feel of their entryways and perform any heritage restorations.

"We firmly believe that the future for our ground-floor spaces are about independent, local Manitoba retailers," Mathieson told reporters on Thursday.

She expects 20 storefronts will be updated and nearly \$8 million in investments thanks to the new funding.

Money for the two programs is part of the province's new four-year initiative to bring more retailers downtown.

Graham w is the co-owner of Thom Borgen, which opened its second location on the corner of Graham Avenue and Kennedy Street earlier this year.

The coffee shop's storefront was renovated with funds from Face Forward.

Borgen said attractive exteriors are important to promote walkability.

"We're excited about the future. We like downtown."



CentreVenture CEO Angela Mathieson says two pilot programs — PUSH and Face Forward — will be made permanent in a bid to help entrepreneurs set up shop in Winnipeg's core.

STEPHANIE TAYLOR/METRO

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# Have your say in Winnipeg's budget

CONSULTATION

**What do you want the city to spend more on in 2017?**



**Stephanie Taylor**  
Metro | Winnipeg

Let the balancing act begin as city officials prepare to table draft versions of Winnipeg's 2017 budgets on Nov. 22.

The plan is for the operating and capital budgets to be passed by mid-December, which means bureaucrats and members of this year's budget working group are tasked with closing the gap on a \$52-million shortfall.

Finance chairman Coun. Marty Morantz (Charleswood-Tuxedo) explained doing so involves balancing the political will to keep property taxes low while meeting residents' expectations to maintain service levels.

He added that all departments have submitted their budget requests for 2017.

"We're going through the painstaking work line by line



**Bureaucrats and budget working group are tasked with closing a \$52-million shortfall.**

LYLE STAFFORD/FOR METRO

of parsing through them, and weighing competing priorities based on the limited resources that we have," Morantz said.

The mayor, along with his seven-member executive policy committee and three councillors from outside his inner circle,

will decide on next year's budgets.

For the second year in a row, Coun. Jenny Gerbasi (Fort Rouge-East Fort Garry) will be part of the cohort.

Matt Allard (St. Boniface) and Cindy Gilroy (Daniel McIntyre)

will be first-timers.

"These were councillors that were quite vocal last year about wanting to be included in the process, and we wanted to do what we could to make sure that we responded to their concerns," Morantz said.

Allard and Gilroy were among six councillors who voted down the 2016 budgets after a series of last-minute changes were tabled and shot down. Last year's budgets passed by a 10-6 vote.

Councillors excluded from this year's budget table are Scott Gillingham (St. James-Brooklands), Ross Eadie (Mynarski), Devi Sharma (Old Kildonan), Jason Schreyer (Elmwood-East Kildonan), Shawn Dobson (St. Charles) and Russ Wyatt (Transcona).

"It becomes complicated to have everybody at the table, so we're trying on an incremental basis to increase the number of councillors that would be participating," Morantz said.

He intends to meet with every councillor, and joining him for the first time will be the city's chief financial officer, Mike Ruta.

Plans for public consultation have also been beefed up.

Morantz said after last year they received feedback that residents want face-to-face dialogue instead of only having online and telephone surveys.

So starting next month, the city will host five community engagement sessions.

Councillors and staff will attend.

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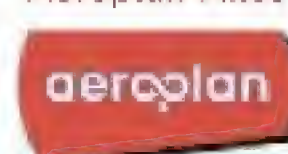
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# Pallister least hated premier

## POLITICS

### Saskatchewan's Brad Wall still holds the title of most-loved



**Braeden Jones**  
Metro | Winnipeg

Manitoba's new premier Brian Pallister is the least disliked provincial leader in all the land.

Sure, he's the second-most popular premier — with 53 per cent of Manitoban respondents to a new Angus Reid Institute poll saying they approve of how he's been running the province — but his disapproval rating is a bottom-of-the-class 32 per cent.

His honourable next-door neighbour to the west, Saskatchewan Premier Brad Wall, has more support, with a marginally better 57-per-cent

approval rating, but 40 per cent disapprove of Wall's performance.

Six of nine premiers have a disapproval rating of greater than 50 per cent, including two greater than 70 per cent.

Pallister's advantage in the disapproval category is likely that he has only been premier for about half a year — hardly long enough to taint public opinion when factoring in the benefit of the doubt.

The fact that the electoral-jury is still out on Pallister is illustrated best with the vote-splitting 15 per cent of Manitobans polled who are "not sure" if they approve or not — the largest percentage of undecided respondents any premier faces.

If that indecision resolves itself by the next quarterly poll, Pallister could either pass Wall

for the top spot on approval or lose his least-disliked crown.

So far, he seems to be trending up, with his approval having increased 7 points since the 46 per cent initial approval he received a month after the landslide April election.

On the other hand, another question in a separate Angus Reid poll showed approximately 57 per cent of Manitobans suspect Pallister's government has a "hidden agenda."

**15%**

Percentage of constituents undecided on Pallister — the most of any premier

**32%**

Premier Brian Pallister's disapproval rating in a new Angus Reid Institute poll



**Mayor Brian Bowman has been measured when asked about the fiscally prudent mandate of the PCs.** THE CANADIAN PRESS

## INFRASTRUCTURE

### No 'fair share' for Winnipeg: Minister



**Stephanie Taylor**  
Metro | Winnipeg

Mayor Brian Bowman should kiss goodbye any vestige of hope he may have had left for more cash from the province as budget planning for 2017 gets underway.

On Thursday, both levels of government announced the beginning of annual pre-budget consultations.

While speaking to reporters that morning, indigenous and

Municipal Relations Minister Eileen Clarke alluded to the fiscal belt-tightening officials on Broadway are preparing to undertake for next budget year.

This week, she said, the province started its series of roundtable consultations with municipalities about how to give local governments more say with their infrastructure dollars.

That request was part of a "Fair Share, Fair Say" campaign led by 137 mayors and reeves during the provincial election.

Endorsed by Bowman and the

Association of Manitoba Municipalities, the pitch was an attempt to lobby premier-hopefuls into pledging to give cities a larger share of the tax pie for infrastructure spending.

But the 2016 provincial budget saw a funding increase of \$2.2 million — less than one per cent — for the City of Winnipeg.

"The premier has been very clear. We're committed to fair say," Clarke told reporters on Thursday. "Our premier never committed to fair share."

"The city needs more fund-

ing; the province doesn't have adequate funding," Clarke said. "We're all in the same boats. We're different boats, but we're all in the same situation."

Finance chairman Coun. Marty Morantz said Thursday he empathizes with the province's financial position but believes a new funding model is needed in the long-term.

"We have very strong and valuable relationships with the province and we will work within the parameters with which we are given," he said.

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# Wab Kinew defends speaking fee, tours

ETHICS

## But Manitoba NDP politician is scaling back appearances

Author and broadcaster Wab Kinew says he is scaling back his nationwide speaking schedule now that he is a member of the Manitoba legislature, but still plans to tour occasionally and is to give a speech this weekend that will pay him about \$7,000.

"I don't want to have any perception of me trading on my name as a public official to do speaking engagements for money," Kinew said in an interview this week.

"I think it's still appropriate to do events where I'm not compensated ... or to do things that are unrelated (to the political role), where people are bringing me out because I'm an author or because of some experience I've had."

Kinew, 34, was a sought-after speaker long before he was elected as a member of the Opposition New Democrats in April.

Having served as associate vice-president of indigenous affairs at the University of Winnipeg, he was promoted through an agency as offering expertise on indigenous issues and education. He also received critical praise for his 2015 memoir *The Reason*



Wab Kinew, right, Manitoba NDP MLA for Fort Rouge, listens to Premier Greg Selinger. Kinew is getting paid \$7,000 to speak at a peace and justice conference this weekend. THE CANADIAN PRESS

You Walk about the effects of residential schools on his father.

Kinew said he has asked the agency to stop promoting him on its website and has cut his speaking engagements to a handful from about 30 a year. But that number may increase when his next book, currently in the planning stages, is released, he said.

His speech this weekend, at a peace and justice conference held by a college in Nelson, B.C., was booked a year ago and was a commitment he wanted to keep after being elected, he said.

He is also scheduled to speak — for free — at Simon Fraser University in Vancouver next Thursday.

Saskatchewan New Democrats are touting Kinew as a guest speaker at their annual convention next month.

The fees charged by Kinew do not violate any laws or legislative rules.

They are a fraction of the amount that landed Justin Trudeau in hot water when he was a rookie member of Parliament. In 2013, Trudeau promised to

pay back charities that had paid him to speak.

One political analyst said the speaking gigs still could rub some voters the wrong way.

"The problem is that being a (legislature member), being a representative, is supposed to be a full-time job, and they get paid to do a full-time job," said Royce Koop, who teaches political studies at the University of Manitoba. "So the question is, 'Where do you get the time, the energy, to do this kind of moonlighting?'"

THE CANADIAN PRESS

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# McDonald's urged to apologize

## GENDER IDENTITY

### Treatment of trans teen 'just completely backwards'



**Haley Ryan**  
Metro | Halifax

A Halifax LGBTQ group says the McDonald's corporation should apologize to protect its "reputation worldwide" after a trans teen says he was let go from the company over media attention.

Kenny Cooley, 17, spoke to Metro about being the first trans football player on his high-school's football team last week. He later made headlines in both national and international news outlets.

During an interview on Wednesday, Cooley said he was fired from the Bedford Highway location of McDonald's two days after the story initially ran.

Cooley said he was given two reasons for dismissal, "one because of the media and two because we had some schedule



**Kenny Cooley outside Halifax West High School on Wednesday.** JEFF HARPER/METRO

mishaps."

The Youth Project is now calling on McDonald's to reinstate Cooley and issue an apology. Kate Shewan, executive director of the Youth Project, said she knows the company has individ-

ual franchise owners, but it's important for the corporation to say "this is not great, it will affect our reputation worldwide."

In addition, Shewan says, McDonald's should update its policies on gender identity and

sexual orientation to make sure "they're much more inclusive and respectful of everybody."

"Youth are constantly telling us that they're denied employment opportunities because they're trans; we hear it hap-

pening all the time," Shewan said Thursday.

"When it's in the media, we felt that it was important to show our support."

A McDonald's spokesperson did not confirm Cooley had

been let go but forwarded an emailed statement from the branch owner, Bob Smith, on Wednesday.

Smith said he was "shocked by these allegations as they are simply not true."

Two other emails by Metro to McDonald's on Thursday asking for further response, and whether an apology would be made to Cooley, weren't returned.

Since the media attention around Cooley included positive, good-news stories about his success, Shewan said that's something they "expect an employer to really be celebrating."

"To have that being brought up as part of a termination seems just completely backwards," Shewan said.

"The very fact that it was brought up — when it's such a positive story, and they're treating it as a negative — the only thing that I could see that being is transphobia."

When Metro went to the Bedford location again Thursday, an employee said they would pass along a request to see the store manager and the right person would call back.

There was no response before deadline.

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## Listed as director of offshore firm without knowing

Canadian Sen. Nicole Eaton is listed as a director of a company in the Bahamas. A close friend said Eaton's name was used without her permission. TORSTAR NEWS SERVICE

Federal Sen. Nicole Eaton has taken the unusual step of asking the Senate Ethics Officer to investigate revelations — presented to her by the Toronto Star and CBC/Radio-Canada — that she was a director of a company in the offshore tax haven of the Bahamas for 12 years without declaring it.

Her explanation: She had no idea until a Toronto Star reporter told her on Tuesday.

Code of Ethics. Eaton's annual disclosure statements dating back to her appointment to the Senate by Stephen Harper in 2008 repeatedly say, "None," in response to the question about corporate directorships.

"I became aware of the matter of Bahamian company Mount Bodun Ltd.'s alleged listing of me as a director of the company on Sept. 19, 2016," Eaton said in a statement. "A

"The Ethics Officer should not accept the story without evidence," said Duff Conacher, co-founder of Ottawa-based Democracy Watch, a government ethics advocacy group.

The Senate Ethics Officer's office confirmed that it had received a call from Eaton's office and is looking into the matter.

Eaton's assertions that she was unwittingly made a director of a Bahamian company are

**This clearly occurred  
without my knowledge  
or consent.**

Nicole Eaton



Eaton, a Conservative senator who recently made headlines with her anti-bike lane tweets, is listed as a director of a Bahamas-based company called Mount Bodun Ltd. between 1999 and 2011, according to Bahamian corporate registration records leaked to the International Consortium of Investigative Journalists (ICIJ) and German newspaper Süddeutsche Zeitung and shared exclusively with the Toronto Star and CBC/Radio-Canada in Canada.

Each year, senators must declare any corporate director or officer positions they hold to comply with the Senate's

reporter from the Toronto Star contacted my office seeking comment on this matter."

The statement says she maintains her initial assertion that she "knew nothing of this" and has "never served on this company's board of directors ... This clearly occurred without my knowledge or consent."

It says her office informed the Senate Ethics Officer of the issue on Tuesday and committed to providing "our full co-operation in the review of this situation."

The question of how a sitting senator could end up on the board of a tax haven company without her knowledge is puzzling even to experts.

supported by the woman who admits to listing Eaton without consulting her: Marian Bassett, a member of the famous Canadian Bassett family.

"I put Nicky down as a director because she is a very, very old family friend," said Marian Bassett, whose late husband, David, is the son of John Bassett.

"I just put her name down because it was safe, and I never told her," said Bassett, describing the company as a financial vehicle for the family's estate and the couple's three children. "She didn't even know she was on (the company's board) ... Listen, it's all on me."

TORSTAR NEWS SERVICE

### CHARLOTTE

#### Police won't release video

Charlotte police refused Thursday to release video that could resolve different accounts of the shooting of a black man, as the National Guard arrived to try to head off a third night of violence.

Police Chief Kerr Putney said that releasing police footage of the killing of 43-year Keith Lamont Scott could undermine the investigation. He told reporters the video will be made public when he believes there is a "compelling reason" to do so. THE ASSOCIATED PRESS

## All hail Canada, king of America

The latest NBC/Wall Street Journal poll of the presidential election asked Americans not only for their opinions on the candidates, the political parties and the news media but their opinion on their neighbor(s).

The result: we win. Seventy-five per cent had a positive view of Canada. Just 3 per cent had a negative view. That was better than any other person or entity.

"We are your best friend, ally and neighbour. We see it every day and in countless ways," said Christine Constantin, spokeswoman for the Canadian em-

bassy in Washington.

None of the major presidential candidates was viewed favourably. Republican candidate Donald Trump was at 28 per cent positive, 61 per cent negative. Democratic candidate Hillary Clinton was at 37 per cent positive, 52 per cent negative.

Canadians also like America, but not quite as much. Sixty-eight per cent of Canadians had a favourable view of America in a Pew poll last year; 26 per cent had an unfavourable view. TORSTAR NEWS SERVICE

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# metr SCIENCE

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DECODED by Genna Buck and Andrés Plana

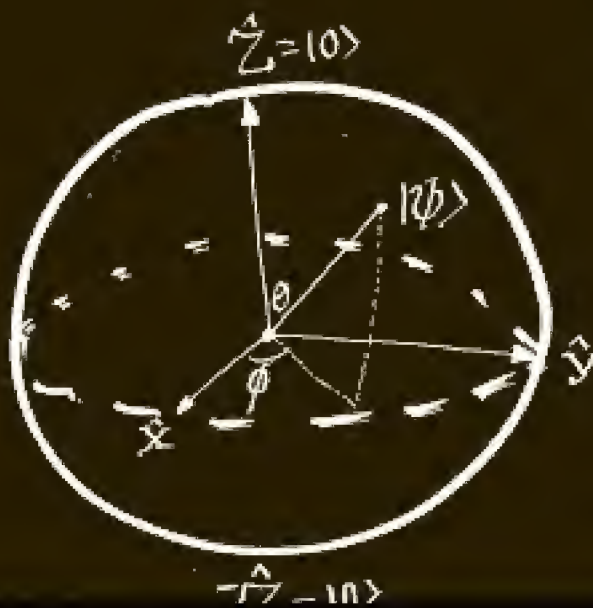
## OH, TO BE IN TWO PLACES AT ONCE

Hands up: Who wants to beam themselves to school or work? Us too. Too bad quantum teleportation has nothing to do with that. Scientists in Calgary have transferred 'disembodied' information from one particle to another one, across the city. It's teleportation, but no physical matter travelled anywhere. **It boggles the mind — but it could also pave the way for a future, super-fast, super-secure Internet.**

**PHOTONS** are tiny particles with energy, but no mass. They're what light is made of.

Using some fancy lasers and other high-tech equipment, researchers at the University of Calgary created an **entangled pair of photons** and sent one across town to Calgary City Hall.

The properties — or quantum states — of the two photons remained exactly in sync. What happened to one affected the other. It's sort of hard to imagine, but the photons were fundamentally linked in such a way that they're actually **the same thing**. That's the **teleportation** part.



The distance (six kilometres) and the connection (dark fibre cable) between the photons is important because in the future, information could be sent this way via the **quantum Internet**, all over the world, using materials we already have.

This **quantumnet** — it's still theoretical at this point — would also be virtually unhackable. One of the weird things about quantum physics is that when humans come in and observe a system, they mess it up — meaning any would-be hacker would instantly advertise his or her presence.

### WHAT IS ENTANGLEMENT?

**Entanglement** just means the state of one system is dependent on the state of another. For example, an atom's electrons and protons are entangled: As one moves, so does the other.

**Quantum teleportation** is when information is sent from one location (like a photon at the University of Calgary) to another (a photon at Calgary city hall) without the need for a physical particle as a go-between. Because the two photons are entangled, what happens to the state of one automatically affects the state of the other — and **information** passes between them. "Information" in this sense means a description of the photon's **state**. An example of a state would be **orientation**: the photon could be in a horizontal or vertical position. Imagine horizontal means zero and vertical means one. You can see how information can be encoded in photons the same way it is in computers' **binary code**, a sequence of zeros and ones called **bits**. But because quantum physics is super weird, a photon can also be in **superposition**: It can be a zero and a one at the same time. That's why computers of the future that process information encoded in particles called quantum bits (**qubits**) will be unfathomably fast.

### FINDINGS

Your week in science



### TARDIGRADE TROOPERS

Tough-as-nails tardigrades, better known as water bears, can withstand boiling, freezing and the vacuum of space. Now Japanese researchers have learned the teeny, freaking-looking critters have a radiation-resistance gene, too — and it can be transferred to human cells.

### SOUND SMART



### DEFINITION

**Electroporation** is the use of electric shocks to poke holes in the membrane of a cell — to give it **pores** — often to introduce a drug or some DNA.

### USE IT IN A SENTENCE

Using **electroporation**, scientists can knock out genes by disrupting them with a foreign bit of DNA, such as one that codes for green fluorescent protein. That's how they make mice glow in the dark.

metr

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Director Antoine Fuqua jokes the reason he remade *The Magnificent Seven* was so he could see Denzel Washington on a horse. CONTRIBUTED

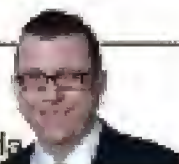
## Not all cowboys look like John Wayne

### THE MAGNIFICENT SEVEN

**Antoine Fuqua taps one of the most diverse casts for film**

**Richard Crouse**

For Metro Canada



Why did director Antoine Fuqua decide to remake the legendary 1960 western *The Magnificent Seven*? "I wanted to see

Denzel Washington on a horse," he jokes.

The story of seven men who come together to protect a town from a vicious robber baron looks back further than the 1960 film to the 1954 epic Japanese historical drama *Seven Samurai*. Often cited as one of the greatest films ever made, Akira Kurosawa's *Seven Samurai* provided what Fuqua described as the DNA of his film, but he also noted, "Westerns change with the time we're in, so we made our film based on the world we are living in."

To that end, he has assembled the most diverse cast for a



### MOVIE RATINGS by Richard Crouse

**The Magnificent Seven** ★★★★★  
**Queen of Katwe** ★★★  
**Storks** ★★  
**It's Only The End of The World** ★★  
**Finding Altamira** ★★

#### HOW RATING WORKS

★★★★★ SEE IT  
 ★★★ WORTHWHILE  
 ★★ UP TO YOU  
 ★ SKIP IT

western ever. In addition to top-billed stars Washington, Chris Pratt, Ethan Hawke and Vincent D'Onofrio, the seven magnificent leading actors include South Korean star Lee Byung-hun, the Mexican born Manuel Garcia-Rulfo, and Martin Sensmeier,

an American actor of Tlingit, Koyukon-Athabascan and Irish descent. "You can't do the same thing every era," says Fuqua.

Westerns change all the time, he adds. If filmmakers stuck to just one way of making a movie then all westerns would be cast

with white guys looking like John Wayne in a John Ford movie, Fuqua jokes.

"My idea was, if Denzel walks into a room, the room stops. If Clint Eastwood walks into a room, the room stops. Is it because he's a gunslinger or is it because of the colour of his skin? We'll let the audience decide," he says.

When asked if *The Magnificent Seven* is proof that Hollywood is becoming more diverse the director says, "You have to give the studio credit when they do something like this. This becomes the new definition of what

a western is."

Star Denzel Washington says he's never seen the 1960 film.

"I didn't keep away from it," he says. "I just didn't know how it would help me. I had never seen it as a kid or whatever. People say, 'You're the so and so character,' I don't even know who that is. I think it allowed me to do whatever I wanted to do instead of trying to not do what someone else did."

Why did he sign on? "Well, Antoine asked me. It's as simple as that. Obviously, it's a good story and a good script but most importantly it was Antoine."

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Marion Cotillard responded to rumours of having a relationship with Brad Pitt on Instagram on Wednesday. GETTY IMAGES

# Cotillard pregnant, denies Pitt affair

GOSSIP

## On Instagram actress says she didn't cause Pitt-Jolie split

Marion Cotillard is announcing her pregnancy and shooting down rumours of any romantic involvement with Brad Pitt.

"This is going to be my first and only reaction to the whirlwind news that broke 24 hours ago and that I was swept up into," the Oscar-winning actress wrote in a statement posted Wednesday on Instagram.

The star of such films as *Inception* and *Rust and Bone* said that she is "not used to commenting on things like this nor taking them seriously but as this situation is spiraling and affecting people I love, I have to speak up."

Cotillard affirmed her long-

time relationship with actor Guillaume Canet.

The couple are parents to a five-year-old son.

She said in her Instagram post alongside a photo of bird soaring through the sky that he is "the only one that I need" and they are expecting another child.

The actress, who won an Academy Award in 2008 for her performance as the legendary French singer Edith Piaf in *La Vie en Rose*, stars with Pitt in the upcoming World War II romantic thriller *Allied*.

Several reports this week suggested a relationship between Cotillard and Pitt was

one of the reasons Angelina Jolie filed for divorce on Monday.

"This crafted conversation isn't distressing," Cotillard wrote.

"And to all the media and the haters who are quick to pass judgment, I sincerely wish you a swift recovery," she added.

Cotillard says she hopes Jolie and Pitt "will find peace in this very tumultuous moment."

A spokeswoman for Cotillard didn't immediately respond to messages seeking comment about the Instagram post.

THE ASSOCIATED PRESS

“

**I am not used to commenting on things like this nor taking them seriously but as this situation is spiraling and affecting people I love, I have to speak up.**

Marion Cotillard



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# Hudson returns for 'little-known story'

FINDING ALTAMIRA

## Filmmaker's comeback a tale of prehistoric cave drawings

Steve Gow  
For Metro Canada



Filmmaker Hugh Hudson has been hiding in a cave ever since he released his last movie in 2000.

So what finally lured the Oscar-nominated director back out into dramatic daylight after 16 years?

Well coincidentally, it was a cave.

The Cave of Altamira to be precise.

"People in Spain know about it, but it's a little-known story in a way," admitted the 80-year-old filmmaking legend about Finding Altamira — his latest period drama tracing the discovery of the first cave drawings painted by prehistoric peoples.

"I thought the story was very good because of what it's about — a miscarriage of jus-



Antonio Banderas stars in Finding Altamira as real-life archeologist Marcelino Sanz de Sautuola, whose discovery of prehistoric cave paintings rocked the scientific world and theories of creationism. HANDOUT

tice really (and how it) nearly destroyed this man's life," explained Hudson of his desire to delve into the drama about archeologist Marcelino Sanz de Sautuola, whose far-reaching finding created upheaval between the scientific and religious communities during the late 19th Century.

"For 20 years they were considered pariahs."

Themes of justice and hu-

man rights have long played into Hudson's work right back to his Academy Award-winning 1981 hit Chariots of Fire — an iconic film that pitted two outsiders literally running against prejudice during the 1924 Olympics.

"The institutions should be challenged all the time; they're so often full of hypocrisy and self-serving," said Hudson of his tendency to

tales that take on the system.

"There are so many awful things that go on in society and there's so much dishonesty and hypocrisy that you have to try and blur it out if you can."

With Finding Altamira, that meant finding the emotional truth in the tragic hero's attempts to convince the public that the drawings debunked creationism.

For the filmmaker, that also

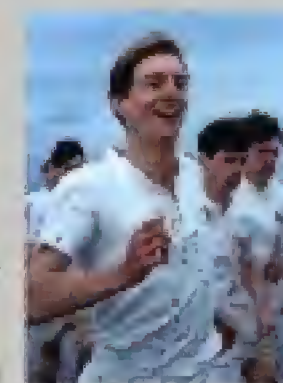
### VIDEO: HUGH HUDSON'S EPIC HITS

#### On Chariots of Fire

As his hit Chariots of Fire celebrates its 35th Anniversary, Hudson says it feels "as if (he) had nothing to do with it."

"It did take a life (of its own)," admitted the director of his Oscar-winning Best Picture.

"It changed the lives of anybody who had anything to do with it. I'm very lucky, really ... a lot of making films has to do with luck."

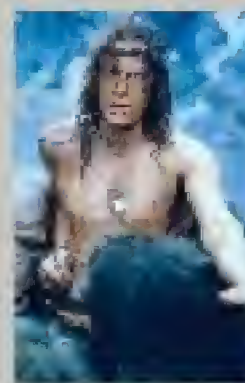


#### Greystoke

It earned 3 Oscar nominations and was a big box-office hit in 1984, but Greystoke: The Legend of Tarzan was almost cast with Viggo Mortensen.

"He was an unknown actor (but) I could've easily used Viggo," said Hudson of the runner-up to

Christopher Lambert. "He was very fresh, and very young and he was an extremely good actor." METRO



meant hiring an actor who could convince audiences of his authenticity.

"I wanted Antonio (Banderas) for this because he's a Spaniard and I think you believe in him," said Hudson, who cast the famous film star instead of practising his pre-

dilection for using unknown actors.

"When you get into the cinema and you meet a character for the first time, if it's somebody very well-known, you have to get over that barrier (but) it was good to have Antonio in it — he's so good."

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# Youth inspires genuine performance

## INTERVIEW

### Child actors in Queen of Katwe bring refreshing quality: Oyelowo

**Richard Crouse**  
For Metro Canada



Imagine seeing a movie in a theatre for the first time. Now imagine the first movie you see on the big screen is the story of your life. That's what happened to Phiona Mutesi.

"I've never been in a theatre," she said at the Toronto International Film Festival, the night after *Queen of Katwe* premiered in front of a sold-out crowd of 2,600 people. "This has been my first time."

Based on the book *The Queen of Katwe: A Story of Life, Chess, and One Extraordinary Girl's Dream of Becoming a Grandmaster*, the movie tells the tale of how Mutesi (Madina Nalwanga), an illiterate girl from a very poor family in Kampala, Uganda, learns

to play chess, and with the help of mentor Robert Katende (David Oyelowo), moves from local tournaments to the World Chess Olympiad.

"We have had video shacks for the longest time," says director Mira Nair, a Ugandan resident of almost three decades, "but until five years ago we didn't have theatres in malls. The price of a ticket is almost \$10, which prices it out of everyone's reach. It is true that a kid like Phiona would not choose to spend that kind of money to go to the theatre. She'd see a pirated DVD in a shack somewhere."

The Disney movie was shot on the streets of Kampala and features more than 100 local actors, many of whom, Nair points out, had never seen a camera before.

"I actually took a bunch of the kids to see *Jurassic World* while we were doing the film," says star Oyelowo, "and Madina (Nalwanga), who plays Phiona, sat next to me and was clutching me the whole time, terrified by the movie. She turned to me and said, 'Is this what we are doing?' I asked her if she had ever seen a film before

and she said no. We were half-way through shooting a film in which she is playing the lead."

Oyelowo, a Golden Globe nominee for his work playing Martin Luther King in *Selma*, says working with the young, inexperienced actors was a "was a wonderful thing for the film."

"Because the kids in this film were not necessarily connecting what we were doing in shooting the film with what they had seen before, because they hadn't seen a movie in a movie theatre before, it meant there was something really unaffected, something really free, something genuine about their performances. I found I was getting a refresher course in how to be truthful in front of a camera."

"Inevitably after you have done a few movies you start adopting a house style. You start knowing too much in a sense."

"Even though it is kind of a mind-blowing thing that they haven't seen a movie, because we in the west take it very much for granted, it actually lends a very specific quality to the film itself."



Madina Nalwanga stars as Ugandan chess champion Phiona Mutesi in *Queen of Katwe*, which opens this weekend. CONTRIBUTED

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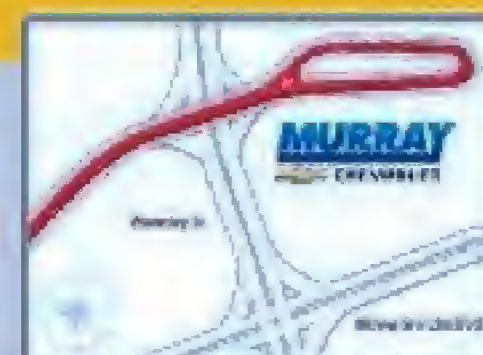
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## When you're just popping in

Travellers traditionally look for two things: the cheapest and fastest way to get to their vacation spots. But now many are opting for a layover — a sort of bonus trip, where they can spend a day or two before heading to their final destination. We take a look at three great layover locations and what you can do there when time is limited. **CATHERINE ROBERTS/FOR METRO**

### MEXICO CITY

Once maligned, Mexico City has revamped its public spaces and is the midst of a cultural renaissance. Zócalo, the city centre, is a great place to begin sightseeing. You can see the presidential palace, visit Metropolitan Cathedral, the city's most iconic building, and explore the prehistoric Aztec ruins of Templo Mayor. To sample delicious treats and have some complimentary wine, make your way to Mercado San Juan, a 60-year-old market frequented by local chefs. Have another day or two? Spend a morning delving into Mexico's past at the anthropology museum or see the pyramids at Teotihuacán. To capture the city's nightlife, head to the bohemian enclave of Roma.

### HAWAII

Thinking of heading Down Under but dread that long flight to Sydney? David Griffiths, a luxury travel specialist with Vancouver's Carlson Wagonlit Omega Travel, says Hawaii is an ideal place for a layover. To get the most out of your short stay on O'ahu, you might want to rent a car. The entire island takes around three hours to circumnavigate, so in between lounging on the sand or surfing at Waikiki Beach, check out the panoramic views of the island by hiking to the summit of Diamond Head. And go "eye-to-mask" with tropical fish in Hanauma Bay, where you'll find some of the best snorkeling.

### ICELAND

Few countries have been as successful as Iceland in promoting themselves as a layover destination. In fact, the discount airline WOW has been enticing travellers with cheap flights to Europe and no-cost stopovers in Iceland. With virtually no pollution and huge swathes of deserted areas, Iceland just might be the ultimate nature trip. If you're spending anytime in Reykjavik choose a centrally located hotel. The Icelandic Hotel Marina, for instance, has great views of Mt. Esja, lines the harbor and is a 10-minute walk — if that — from downtown. Make sure to pick-up a City Card which gets you into galleries,

geothermal pools, museums and on all city buses. A definite must-do: take a dip in a thermal swimming pool — it's an Icelandic tradition — and visit the Harpa concert hall. This architectural stunner consists of 12,000 square metres of translucent glass blocks. Then, leave the city and see some of the island's natural attractions such as the Geysir and Gullfoss or spend the day horseback riding, trekking, or whale-watching either with a tour group or on your own. Reykjavik's nightlife is as legendary as its Northern Lights, so why not end your stay at one of many venues that are by day mask as cafés but by night transform as lively night bar rooms.



### OTHER GREAT LAYOVERS

■ **Rome** Best taken in on a walking tour or on a Vespa. Don't miss: The Pantheon, the national museum, Villa Borghese and Campo de' Fiori.

■ **Istanbul** It straddles two continents, is simultaneously ancient and modern, and is equal parts religious and secular. Visit Aya Sofya, take a cruise on the Bosphorus and spend time at the Spice Bazaar.

■ **Dubai** This desert wonderland is a shopping mecca. For gold (Deira Gold Souq), for textiles (Bur Dubai Souq) and for the "mother of all malls" (Dubai Mall).

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# 'Born travellers, but society makes us tourists'

WORLD TOURISM DAY

## CEO talks about making travel sustainable

**Emina Gamulin**  
Metro | Toronto

Anyone who has ever gone travelling will attest to its ability to provide new experiences, challenges and inspiration.

But how true this is for any given trip depends a lot on how you do it, says Bruce Poon Tip, founder and CEO of G Adventures, a Toronto-based travel company that focuses on smaller group tours.

"The biggest problem with tourism is the consumer is being marketed to that bigger is better," he says.

"Resorts are getting more inclusive and getting bigger and are becoming compounds more than holiday places and don't represent the region anymore."

He says some of the joys of travelling are experiencing other cultures and interacting with local residents, which just doesn't happen if you don't leave your comfort zone.

Speaking with Metro ahead of Sept. 27, better known in the industry as World Tourism Day, Poon Tip discussed sustainable travel and how consumers can make better choices.

While he points out it's a complex topic that's hard to do justice in a few hundred words, he does offer simple tips for those who want a different type of experience.

- He says travellers should ask their providers questions about who owns the company and where the money is going and make it a point to spend at shops and restaurants outside of all-inclusive properties. "The consumer in my mind has all the power to create change in tourism," he says.

- On a more philosophical level, he encourages people to examine their motivations for travelling. "Travel could be one of the greatest forms of wealth distribution the world has ever seen, and all it takes is for people to match the values of the way they're living at home to their holiday choices," he says. "We're all born travellers, but society makes us tourists."



Bruce Poon Tip says a lot of travel experiences have become too sanitized. "If you want all the comforts of home, stay at home," he says. COURTESY G ADVENTURES

## NEXT BIG THINGS IN TRAVEL

Poon Tip shares his picks for the next big destinations:

### Galápagos Islands

"It's the perfect holiday between education and beauty, because you learn about Darwin's theories of evolution while being in such a stunning place."



### Japan

"There's a run-up to Japan for the Olympics. It's such a unique and curious place. Their young generation is crazy — their art is like nowhere else."

### The 'stans

"They've recently lifted travel restrictions in all of the 'stans (the Central Asian countries whose names end in -stan). It's a beautiful undiscovered place. It's a very unique culture, a cross between Asia and Europe."



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"It is more important than ever that we restore calm and come together": Michael Jordan made a statement on the violence in Charlotte

## Whiz kids turn heads

WORLD CUP OF HOCKEY

### Talent on Team North America deliver on buzz despite ouster

Connor McDavid and Auston Matthews may never again line up together wearing the same colours, but if head coach Todd McLellan has his way the concept of Team North America will live on at the World Cup of Hockey.

"If I get a vote I'd like to do it again," McLellan said. "We've proven that this young generation can play with the older ones. We've been very entertaining."



Auston Matthews  
GETTY IMAGES

I think if you surveyed 99 out of 100 fans they'd probably say 'Put 'em in again.'"

Donning silver, black and bright orange uniforms, the squad of 23-and-under stars from Canada and the United States delivered on the buzz.

They were an exhilarating rush of speed, skill and excitement in three tournament games, presenting awesome combinations of young talent together on one stage. The roster included the last four No. 1 overall picks and five of the last six dating back to 2011.

"I think we've definitely

**"I didn't think we'd have as big an impact on the hockey world as we have had so far."**

Coach Todd McLellan



Connor McDavid stickhandles past a couple of Swedish players on Wednesday in Toronto. TOM SZCZERBOWSKI/GETTY IMAGES

turned some heads and opened the eyes of everyone," said McDavid, the team's captain.

No connection offered more intrigue than Matthews and McDavid, future cornerstones of their respective teams in Toronto and Edmonton. The two flashed explosive speed and creativity together alongside Winnipeg Jets star Mark Scheifele or Buffalo forward Jack Eichel, the second pick behind McDavid in 2015.

It was the allure of combina-

### SEMIFINALS

#### SATURDAY

Russia at Canada, 7 p.m. ET

#### SUNDAY

Europe at Sweden, 1 p.m. ET

tions like that that made North America, which was eliminated Thursday after Russia's 3-0 win over Finland, the most hyped team of the tournament.

"I think we've meshed pretty

well together over the course of these three games," said Matthews, who had three points in three games alongside McDavid, who had three assists.

"I think that definitely everyone on our team has had a good showing," said McDavid. "I think the future looks good for the under-23 guys."

Matthews and McDavid weren't the only No. 1 overall picks to shine for North America.

Nathan MacKinnon, the top pick in 2013 and still only 21,

dazzled on the overtime winner against Sweden. All alone against Lundqvist, the Halifax native eluded a poke-check, delivered a wicked deke and then roofed a backhand for his second goal in three games.

Ryan Nugent-Hopkins, the top pick in 2011, also had three points in three games for North America. Aaron Ekblad, the Florida Panthers' No. 1 pick in 2014, withdrew after only one game because of a suspected concussion. THE CANADIAN PRESS

### IN BRIEF

#### Johnson tied atop field at Tour Championship

Dustin Johnson hit out of a bunker to two feet for birdie on his first hole and kept right on rolling to a 4-under 66 for a three-way tie of the lead Thursday at the Tour Championship.

Hideki Matsuyama had six birdies and Kevin Chappell played bogey-free to join Johnson at 66 on a tough day for scoring at East Lake.

Johnson only has to win the Tour Championship to capture the \$10-million FedEx Cup bonus.

THE ASSOCIATED PRESS

#### NBA looks for 'positive change' with its players

NBA players are being urged to reach out to league and union officials to try and come up with ways to create "positive change" in communities around the country, a move that comes in response to protests in other sports about racial oppression and other social matters.

THE ASSOCIATED PRESS

#### Upton, Martinez power Tigers past Twins

Justin Upton and Victor Martinez homered as the Detroit Tigers picked up another win in the AL wild-card chase, beating the Minnesota Twins 9-2 Thursday in the opener of a day-night doubleheader.

Detroit began the day one game behind Baltimore for the AL's second wild card.

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# A series of fortunate series

MLB

## With 10 games left, Jays hold keys to own playoff destiny

Needless to say, it has been an unnerving month for the Toronto Blue Jays.

In the three weeks since the calendar flipped, they have fallen out of first place, lost seven games in the standings to the Boston Red Sox and watched their chances

### STANDINGS

AL EAST	W	L	GB
Red Sox	88	64	—
Blue Jays	83	69	5.0
Orioles	82	70	6.0
Yankees	79	72	8.5
Rays	64	87	23.5

### AL WILD CARD

Blue Jays	83	69	+1.0
Orioles	82	70	—
Tigers	81	70	0.5
Astros	81	71	1.0
Mariners	80	72	2.0
Yankees	79	72	2.5
Royals	77	75	5.0

BEFORE THURSDAY NIGHT'S GAMES

of making the post-season shrink from a rock-solid 94 per cent to a much more tenuous 63 per cent, according to MLB's projections, as calculated by Fangraphs.

Josh Donaldson  
GETTY IMAGES

They have since bounced back, buoyed by a boisterous crowd of British Columbians at Seattle's Safeco Field to earn a key series win against the wild-card chasing Mariners.

Winning the division is still mathematically possible, but highly unlikely. Their chances of securing a wild-card spot, however, are pegged between 70-75 per cent, depending on the forecaster.

Those are strong odds, but no sure thing. The Jays have the fourth-toughest remaining schedule of any team in the majors, based on the aggregate winning percentages of their opponents.

Playing seven of their last 10 at home, where they have a healthy .568 winning percentage and have drawn the highest attendance in the American League, will help.

Beginning Friday, the Jays host the New York Yankees in a four-game series followed by a crucial three-game set against the Baltimore Orioles, against whom the Jays are currently jostling for wild-card position.

The Jays should aim to emerge from those games



within striking distance of the Red Sox — who have looked unstoppable this month — as they head to Fenway Park for the season finale.

Rookie GM Ross Atkins said despite his club's wobbly September, it hasn't felt any tougher to watch the games down the stretch.

"There might be heightened tension, like there is for players and fans, but that's why we

do it, that's what we want," he said Thursday. "The fact that it's Sept. 22, 10 games to go and we're in the playoffs is a great situation to be in and one that many teams aren't in. We certainly would prefer to be at the top of the division, but we feel great about the team moving forward and our chances of getting in."

Atkins says he appreciates fans' angst and nervousness at

this time of year, but he tries to stay even-keeled.

"I focus on what I can do to help," he said. "There's some reflection on 'Were there missed opportunities?' but mostly it's looking forward at improvement and striving to get better.... I think that's what creates the best environment and that's what I set out to do."

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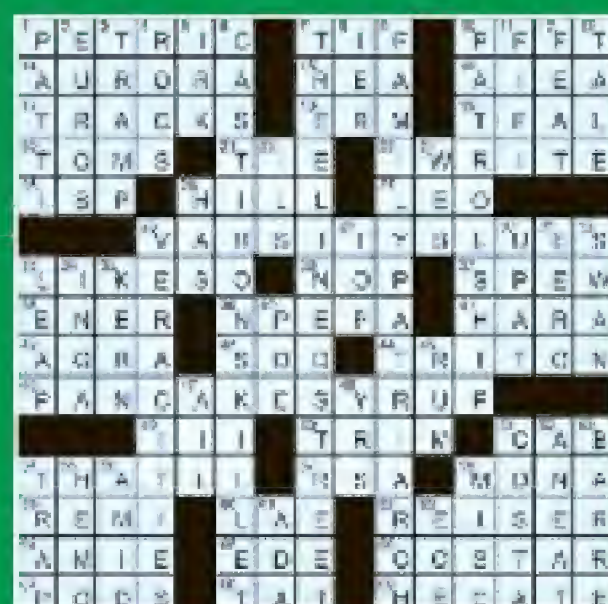
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3	6	5	2	8	7	4	1	9
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8	1	9	6	4	5	7	3	2

## \* IT'S ALL IN THE STARS by Sally Brompton

### ♈ Aries March 21 - April 20

Many of you have ideas about how to make improvements at work. Others have ideas about how to make improvements to their own health. Don't hesitate to act on these impulses.

### ♉ Taurus April 21 - May 21

This is a powerful day for those of you who are involved in teaching children. You might be able to say something that really impacts a young mind; hopefully, for the better.

### ♊ Gemini May 22 - June 21

This is a good day to tackle home repairs and do recycling and garbage cleanup. This might not sound very exciting, but hey, the results are wonderful!

### ♋ Cancer June 22 - July 23

You will be convincing today in all your conversations with others, which is why this is a strong day for those of you who sell, market, teach, act or write. Write on!

### ♌ Leo July 24 - Aug. 23

This is a good day to do repairs to something that you own. You might resurrect something questionable and find a good use for it, because you are clever and resourceful.

### ♍ Virgo Aug. 24 - Sept. 23

This is the second day this week where the stars want you to take a realistic look in the mirror and see how you can improve your image. What can you do?

### ♎ Libra Sept. 24 - Oct. 23

Your ability to seek out solutions to old problems is excellent today. In fact, any kind of research that you do will yield results. Bravo.

### ♏ Scorpio Oct. 24 - Nov. 22

You might attract someone very strong to your circle of friends today. Or possibly, you are the person who delivers a strong message to someone else? (It could happen either way.)

### ♐ Sagittarius Nov. 23 - Dec. 21

Because you are persuasive today, bosses and VIPs will listen to you. Conversely, you might encounter a boss who is really persuasive as well!

### ♑ Capricorn Dec. 22 - Jan. 20

You are eager to introduce reforms and better ways of doing things, especially to politics. This is why your discussions with others will be intense and emotional.

### ♒ Aquarius Jan. 21 - Feb. 19

You might be able to finalize certain questions regarding inheritances and shared property today. Issues have been going back and forth; but now they might get settled.

### ♓ Pisces Feb. 20 - March 20

Secrets related to your work might come out today. Whatever you do today, you will scrutinize and examine it in depth.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

3				1				8
			8		5			
	1			6			3	
6	8						1	3
9								4
5	3						9	2
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# RECIPE Waffled French Toast



PHOTO: MAYA VINSKY

**Ceri Marsh & Laura Keogh**  
For Metro Canada

If you have a waffle maker, dust it off because it doesn't just make great waffles. Witness Waffled French Toast: puffy, light and no standing at the stove waiting to flip.

## Ready in 15 minutes

Prep time: 5 minutes  
Cook time: 10 minutes  
Serves 4

## Ingredients

- 1 cup milk
- 4 eggs
- 1 Tbsp sugar
- 1/2 tsp cinnamon
- pinch salt

- 8 thick slices of thick bread
- Non-stick cooking spray

## Directions

1. In a shallow bowl, whisk together milk, eggs, sugar, cinnamon and salt until everything is well combined.
2. Soak each slice of bread in the egg mixture.
3. Coat your waffle maker it with non-stick cooking spray. Cook waffles according to manufacturer's directions and serve with maple syrup or Greek yogurt.

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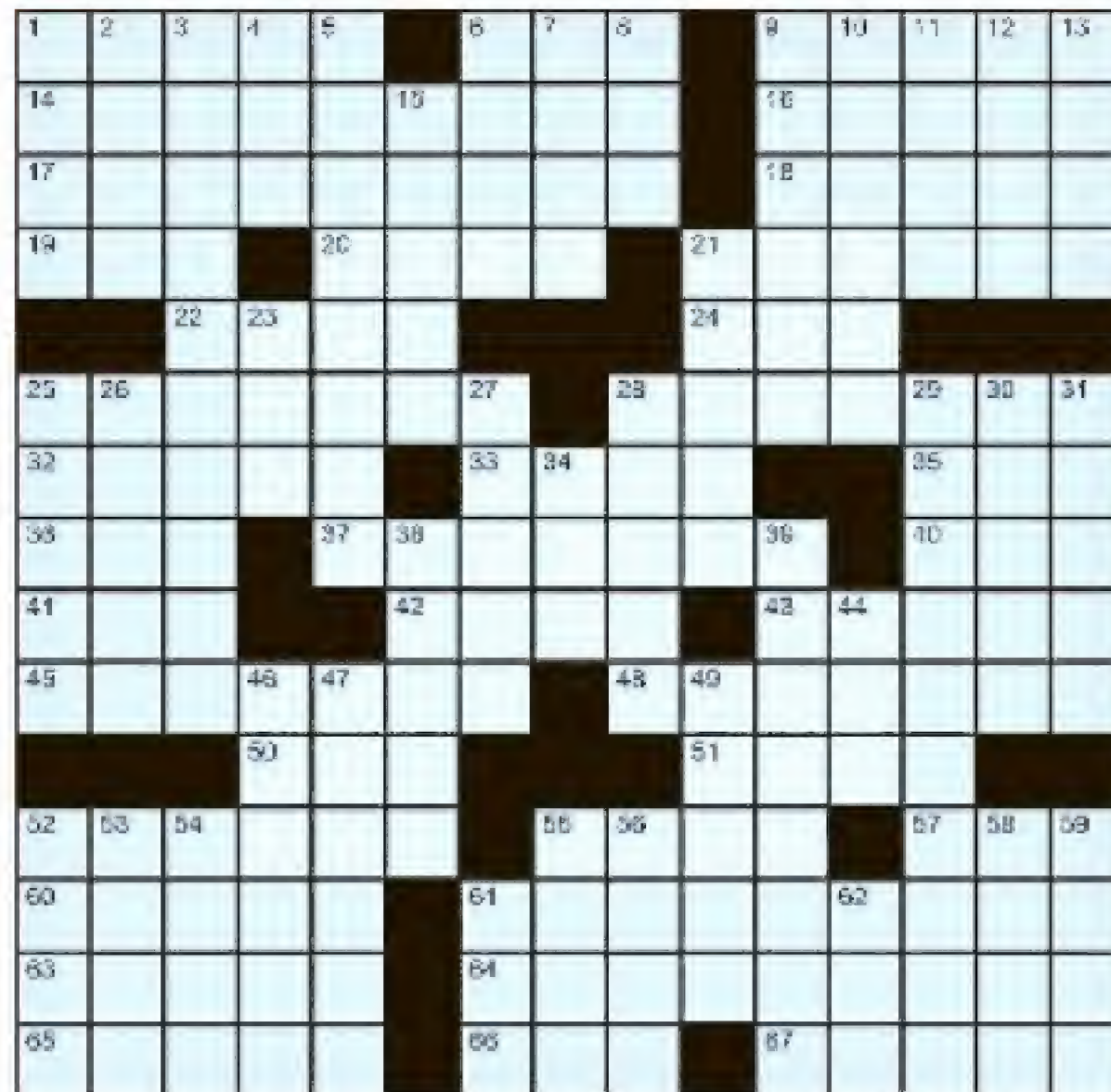
# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE  
metronews.ca

## ACROSS

1. How roast beef might be served; 2 mots
6. Home, briefly
9. At the stern in sailing
14. They resemble green bananas
16. Egypt's capital
17. The Charleston and The Twist, for example; 2 wds.
18. South American mountains
19. Hydroelectric project
20. Rivers: Spanish
21. Groups of eight
22. Pkgs. requiring payment
24. The Company org.
25. Grows, as bank interest
28. City just south-east of Montreal
32. Makes level
33. Frost
35. 'Select' suffix
36. Poet's 'through-out'
37. Legendary Canadian rock band
40. Fleur-de-\_\_
41. Size between Small and Large, for short
42. Yearn
43. Writer wife of composer Irving Berlin
45. Canadian band with the 1972 hit "Wildflower"
48. Actress Ms. Dawson
50. Cards symbol
51. Like dry Spanish wine



52. T.O. basketballer
55. Pet shelter gr.
57. Angkor \_\_ (Temple in Cambodia)
60. Aunt in Oklahoma!
61. General Manager of the Edmonton Oilers, Peter \_\_

63. Ms. Close the actress
64. Dollop with potato latkes; 2 wds.
65. Places for fans in arenas
66. 'I' of TGIF
67. TV actor Sean

## DOWN

1. Two peas in \_\_
2. The Producers character
3. Pilot of Canada's famous Silver Dart biplane in 1909
4. Cologne conjunction

5. "We are \_\_ / We are golden..." - Joni Mitchell, "Woodstock"
6. Puerto \_\_
7. Chemical suffixes
8. "Rocky" (1976) star ...his initials-sharers
9. Ukulele wood

10. Rooster logo book publisher
11. Verdi opera
12. Mr. Savage
13. Chuck
15. Fennel-like flavour
21. Autumn hue
23. Miner's find
25. Molecular bits
26. Fish \_\_ Provincial Park, AB
27. Suddenly scare!
28. Escapade
29. Hairstylist who is a regular guest expert on "Cityline"; 2 wds.
30. Gladiator's 58
31. "\_\_\_? \_\_\_? Maybe?" (What do you think?)
34. "SIMPLY AMAZ-ING!"
38. More unique
39. \_\_ In Motion (BlackBerry's old corporate name)
44. Lake: French
46. Underlying
47. Squirrel caches
49. Lyricist, \_\_ Hammerstein II
52. Li'l rules
53. Pas \_\_ (Ballet move)
54. Request
55. Filmed a movie
56. Name of several Popes
58. Wings, to Nero
59. Canuck coffee venue, to regulars
61. Li'l show on Marg Helgenberger's CV
62. Mesozoic \_\_

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